


# Transition Skills Assessment

 Answer each question by circling Y for Yes or N for No in the column that matches your role.

Student	Parent	Teacher	
			<b>Self-Awareness</b>
Y N	Y N	Y N	Do you participate in your IEP/transition planning?
Y N	Y N	Y N	Do you understand and effectively talk about your limitations/needs as well as strengths?
Y N	Y N	Y N	Do you need ongoing guardian support?
			<b>Responsibility</b>
Y N	Y N	Y N	Do you complete your school assignments on time?
Y N	Y N	Y N	Do you come to classes regularly and on time?
Y N	Y N	Y N	Do you follow through on things that you tell people you will do?
			<b>Solving Problems</b>
Y N	Y N	Y N	When you have a problem, do you think of several ways of solving it?
Y N	Y N	Y N	When you can't think of a good way of solving a problem, do you ask other people to help?
Y N	Y N	Y N	After you make a decision, do you follow through on doing what you have decided?
Y N	Y N	Y N	When you get mad at someone, do you solve the problem without yelling or hurting that person?
Y N	Y N	Y N	When you get mad and can't figure out what to do, do you ask for help?

Source: *Transition Skills Assessment* (pp. 1–7), by Minnesota Interagency Office on Transition Services, 1996, St. Paul, MN: Author. Copyright 1996 by Minnesota Interagency Office on Transition Services. Adapted with permission.