


Hobby and Interest Inventory

 Which hobbies do you enjoy? Mark an X in the spaces that match your interests.

	I Really Enjoy	I Would Like To Improve	I Would Like To Try
1. Individual sports (tennis, swimming)	_____	_____	_____
2. Team sports (basketball, soccer)	_____	_____	_____
3. Games (Monopoly, cards, checkers).	_____	_____	_____
4. Reading.	_____	_____	_____
5. Cooking.	_____	_____	_____
6. Visiting friends	_____	_____	_____
7. Talking on the phone	_____	_____	_____
8. Walking.	_____	_____	_____
9. Sewing	_____	_____	_____
10. Attending school	_____	_____	_____
11. Working on cars.	_____	_____	_____
12. Working on bicycles	_____	_____	_____
13. Roller-skating.	_____	_____	_____
14. Ice-skating.	_____	_____	_____
15. Doing carpentry.	_____	_____	_____
16. Model building	_____	_____	_____
17. Acting	_____	_____	_____
18. Playing a musical instrument	_____	_____	_____
19. Singing	_____	_____	_____
20. Watching television	_____	_____	_____
21. Listening to music	_____	_____	_____
22. Writing poetry	_____	_____	_____
23. Fishing	_____	_____	_____
24. Baby-sitting	_____	_____	_____
25. Drawing pictures	_____	_____	_____
26. Furniture refinishing	_____	_____	_____
27. Lifting weights	_____	_____	_____
28. Stamp collecting	_____	_____	_____
29. Working with animals.	_____	_____	_____

Source: *Hobby Inventory* by Project Bicep, Barnstable Public Schools, n.d.



	I Really Enjoy	I Would Like To Improve	I Would Like To Try
30. Photography	_____	_____	_____
31. Working with electronics	_____	_____	_____
32. Collecting things	_____	_____	_____
33. Participating in clubs	_____	_____	_____
34. Sailing	_____	_____	_____
35. Camping	_____	_____	_____
36. Sight-seeing	_____	_____	_____
37. Hiking	_____	_____	_____
38. Rock hunting	_____	_____	_____
39. Beachcombing	_____	_____	_____
40. Studying animals	_____	_____	_____
41. Doing experiments	_____	_____	_____
42. Working on word puzzles	_____	_____	_____
43. Doing gymnastics	_____	_____	_____
44. Doing research	_____	_____	_____
45. Decorating	_____	_____	_____
46. Bowling	_____	_____	_____
47. Arts and crafts	_____	_____	_____
48. Thinking	_____	_____	_____
49. Writing stories	_____	_____	_____
50. Gardening	_____	_____	_____
51. Exploring	_____	_____	_____
52. Kite flying	_____	_____	_____
53. Writing letters to friends	_____	_____	_____
54. Working with computers	_____	_____	_____
55. Working outdoors	_____	_____	_____
56. Working with older people	_____	_____	_____

Source: *Hobby Inventory* by Project Bicep, Barnstable Public Schools, n.d.